

Qicology Canada Class Schedule

ALL CLASSES ARE OPEN TO DROP IN

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p style="text-align: center;">10:00 AM Therapeutic Yoga</p> <p style="text-align: center;">5:30 PM External Qi Healing</p>	<p style="text-align: center;">7:30 AM Morning Wake Up Class</p> <p style="text-align: center;">9:30 AM Gentle Qi Flow</p> <p style="text-align: center;">7:00 PM Vigorous Qicology (2 hours)</p>	<p style="text-align: center;">9:30 AM Gentle Qi Flow</p> <p style="text-align: center;">5:30 PM External Qi Healing</p>	<p style="text-align: center;">9:30 AM Gentle Qi Flow</p> <p style="text-align: center;">7:00 PM Intermediate Qicology</p>	<p style="text-align: center;">7:30 AM Morning Wake Up Class</p> <p style="text-align: center;">9:30 AM Gentle Qi Flow</p> <p style="text-align: center;">11:00 AM Gentle Qi Flow</p>	